



Endo *Egypt* 2026



ERASMUS *meets* PHARAOHS

CAIRO | 28 MARCH 2026  
EGYPT | 29 INTERCONTINENTAL SEMIRAMIS



# **ESE – ESGE REGIONAL MEETING IN CAIRO**

(ESE = Egyptian Society of Endometriosis) AND ESGE = European Society of Gynaecological Endoscopy)

**Title: “Erasmus meets Pharaohs for endometriosis management”**

**Host and organized by ENDO-Egypt 2026**

## **Scientific Program**

- 8 plenary sessions
- Each lecture
- abstract session
- 1 Panel Discussion
- 2 Keynote lectures

## Day1

<b>Time</b>	<b>Title</b>	<b>Speaker</b>
<b>8:45-9:00</b>	<b>Welcome Speech and opening</b>	Sayed Elakhras and Ertan Saridogan
<b>SESSION 1</b> <b>09:00-10:30</b>	<b>Understanding Endometriosis and Adenomyosis</b>	
<b>9:00-9:20</b>	Pathogenesis of endometriosis	Amr EL-Noury
<b>9:20-9:40</b>	Genetics of endometriosis and adenomyosis	Fitnat Topbas Selcuki
<b>9:40-10:00</b>	Personalized care for endometriosis	Stavros Karambelas
<b>10:00-10:20</b>	Pathogenesis of adenomyosis	Grigoris Grimbizis
<b>10:20-10:30</b>	Questions and Conclusive remarks	
<b>SESSION 2</b> <b>10:30 – 12:00</b>	<b>Diagnosis and Timing of Surgery</b>	
<b>10:30-10: 50</b>	Pathway to diagnosis to reduce delays	Vasilis Tanos
<b>10:50-11:10</b>	Ultrasound for endometriosis and adenomyosis	Evy Gillet
<b>11:10-11:30</b>	MRI challenges in diagnosis and staging of endometriosis	Mohamed Ahmed

<b>11:30-11:50</b>	Biomarkers for endometriosis	Fitnat Topbas Selcuki
<b>11:50-12:00</b>	Questions and Conclusive remarks	
<b>12:00 – 12:30</b>	<b>COFFE BREAK</b>	
<b>SESSION 3</b>		
<b>12:30 – 14:00</b>	<b>Extent of Surgical Intervention</b>	
<b>12:30-12:50</b>	Ablation vs excision for early endometriosis	Ahmed Ibrahim
<b>12:50-13:10</b>	Hysterectomy for endometriosis: does it offer additional benefit?	Ertan Saridogan
<b>13:10-13:30</b>	Uterine skeletonization for DIE radical hysterectomy	Baris Kaya
<b>13:30-13:50</b>	Nerve sparing in endometriosis surgery	Benoit Rabischong
<b>13:50-14:00</b>	Questions and Conclusive remarks	
<b>14:00 – 14:30</b>	<b>COFFE BREAK</b>	
<b>14:30 – 15:00</b>	<b>Key Note Lecture</b> <b>History of Endometriosis: from the wondering womb to Laparoscopy</b>	Hassan Sallam
<b>SESSION 4</b>		
<b>15:00 – 16:30</b>	<b>Fertility Options in endometriosis surgery</b>	

<b>15:00 –15:20</b>	ART for endometriosis associated infertility: challenges and outcomes	George Pados
<b>15:20 –15:40</b>	Is there a place for surgery to improve outcomes of ART in women with DIE	Ertan Saridogan
<b>15:40 –16:00</b>	Surgical techniques for endometriomas: ESGE good practice recommendations	Vasilios Tanos
<b>16:00 –16:20</b>	Fertility sparing surgery for endometriosis	George Pados
<b>16:20 –16:30</b>	Questions and Conclusive remarks	
<b>16:30 –17:30</b>	<b>LUNCH BREAK</b>	
<b>18:00-21:00</b>	<b>OPENING CEREMONY/RECEPTION</b> <b>Venue: The Grand Egyptian Museum</b>	<b>17:00 Busses will transfer Faculty to the Museum</b>
<b>18:00 –18:30</b>	Getting together - Refreshments	
<b>18:30-19:00</b>	Welcome talks by the Presidents of ESE and ESGE	Sayed Elakhras and Ertan Saridogan
<b>19:00 -21:00</b>	Guided tour in the museum in 3 languages (Arabic, English and French), followed by dinner	

## Day2

Time	Title	Speaker
<b>SESSION 5</b> <b>9:00 -10:30</b>	<b>MIS of endometriosis and Long-Term Effects</b>	
<b>9:00- 9:20</b>	Prevention of recurrence of endometriosis	Sayed Elakhras
<b>9:20-9:40</b>	Adhesion prophylaxis in endometriosis surgery	Rudy Leon deWilde
<b>9:40-10:00</b>	DIE surgery: conservative vs radical surgery. When & How?	Stavros Karambelas
<b>10:00-10:20</b>	Management of endometriomas in adolescents and in young women	Mohamed Salama
<b>10:20-10:30</b>	Questions and Conclusive remarks	
<b>SESSION 6</b> <b>10:30 – 12:00</b>	<b>Treatment Options in Endometriosis &amp; Adenomyosis</b>	
<b>10:30-10: 50</b>	Fertility treatment challenges in women with endometriosis	Adel Shafik
<b>10:50-11:10</b>	Contemporary medical treatments for endometriosis	Stavros Karambelas
<b>11:10-11:30</b>	Management of centralized pain in women with endometriosis	Benoit Rabischong
<b>11:30-11:50</b>	HIFU for the management of Adenomyosis	Mohamed Fawzy
<b>11:50-12:00</b>	Questions and Conclusive remarks	
<b>12:00 – 12:30</b>	<b>COFFEE BREAK</b>	

<b>12:30 – 13:00</b>	<b>Key Note Lecture</b>  <b>A Proposed MRI Classification of Junctional Zone Morphology for Predicting Reproductive Outcome: The JZ-MRI ReproClass</b>	Rudi Campo
<b>SESSION 7 13:00 – 14:30</b>	<b>Decoding adenomyosis</b>	
<b>13:00-13:20</b>	Pathogenesis and classification of adenomyosis	Grigoris Grimbizis
<b>13:20-13:40</b>	Prevalence of adenomyosis in general population and symptomatic patient groups	Evy Gillet
<b>13:40-14:00</b>	Medical management of adenomyosis	Vasilios Tanos
<b>14:00-14:20</b>	Hysteroscopic cytoreductive surgery in adenomyosis improving fertility potential	Rudi Campo
<b>14:20-14:30</b>	Questions and Conclusive remarks	
<b>14:30-15:30</b>	<b>COFFEE BREAK</b>	
<b>15:30 – 16:00</b>	<b>Free Communication session</b>	Best Selected Abstracts 7 talks, 4 min each
<b>SESSION 8 16:00 –17:00</b>	<b>Panel Discussion</b>	
<b>16:00-16:07</b>	Impact of adenomyosis on natural fertility	Rudi Campo
<b>16:07-16:14</b>	Impact of adenomyosis on ART outcomes	Gregosis Grimbizis

<b>16:14-16:21</b>	Fertility sparing surgery for adenomyosis	Stavros Karambelas
<b>16:21-16:28</b>	Obstetric outcomes after adenomyosis surgery	Ertan Saridogan
<b>16:28-17:00</b>	Discussion and Questions	
<b>17:00-17:15</b>	<b>Closing Remarks</b>	Ertan Saridogan, and Sayed Elakhras
<b>17:30-18:30</b>	<b>LUNCH BREAK</b>	