



GESEA Training

Basic Level -

Basic Laparoscopy (L1)

Basic Hysteroscopy (H1)

August 1-2, 2026

Centre Director:

Recai Pabuccu

Chief Mentor:

Gamze Sinem Yücel

Trainers:

Aslı Yarcı Gürsoy,
Arzu Bostancı Durmuş
Mine Kiseli
Belçem oğuz
Destina Kavak

Programme

August 1, 2026

09:00 Welcoming of participants

09:15 ID on OSP Platform

09:30 GESEA Educational Programme

10:00 LASTT Basic Level Training

Exercise 1: camera navigation

10-15 repetitions per participant (each rep. 2' max)

Exercise 2: hand-eye coordination

15 repetitions per participant (each rep. 3' max)

Exercise 3: bi-manual coordination

10-15 repetitions per participant (each rep. 3' max)

13:00 Coffee Break

13:30 HYSTT Basic Level Training

Exercise 1: Camera navigation

10-15 repetitions per participant (each rep. 3' max)

Exercise 2: hand-eye coordination

15 repetitions per participant (each rep. 3' max)

14:00 Lunch Break

15:00 Suturing Course

- Basic loading techniques (loading the needle 90° angle);
- Stitching in the perfect stitch line with dominant hand;
- Loading the needle for open angle (two techniques);
- Stitching in the central line with dominant hand;
- Intra-corporeal knotting techniques (Gladiator Technique)

16:30 Coffee Break

17:30 Final practical exercise

18:00 Closure

August 2, 2026

09:00 SUTT Basic Level Training

Suturing and knot tying Training and Testing: five stitches in the central line and one intracorporeal knot.

13:00 Closure